

## **RULE IX – YOUTH SWIMMING AND DIVING**

### ***ARTICLE I – ELIGIBILITY***

#### **SECTION A – CLASSIFICATIONS**

1. Allow within district lines for individuals to compete in the nearest or adjoining departments with the following restrictions:
  - a. Home or county agency has no program for the sport.
  - b. No recruiting by the adjoining agency.
  - c. Cannot cross district lines.
  - d. Host agency endorsed participant.
  - e. Cannot pass over a program to participate in another agency. (Exception: see j. below).
  - f. Must participate in the sport/program in the Host agency/program.
  - g. If the participant resides in class “A” County, he/she cannot compete in “B/C” county.
  - h. Host agency must notify the District Athletic Chair with list and home county of each crossover participant. The district must forward the information to the State Host & State Athletic Chair.
  - i. Participants must be approved by their District Athletic Chair. Any and all protest of crossovers must be done prior to district competition. Once they are approved they are legal throughout district and state.
  - j. When a private agency is the only provider of a program and a participant must purchase a membership plus pay fees then the participant will be allowed to participate with an agency across county lines.
  - k. If a swimmer lives within a subdivision that encompasses multiple counties or agencies, that swimmer can choose the agency to compete with.
2. Class A – Agencies of 15,000 youth population or more.
3. Class B/C – Agencies of less than 15,000 youth population or any agency who appealed B or C.
4. There is no classification for diving. Class A, B, and C will compete as one group at one State Meet.

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5. All state, federal, private, military, or other related organizations participating are subject to youth population criteria to meet classification guidelines.

### SECTION B – AGE DIVISIONS

1. There are five (5) age divisions for boys and girls. The age divisions are as follows:  
(Cutoff Date - age prior to June 1.)

| <i>Swimming</i> | <i>Diving</i> |
|-----------------|---------------|
| a. 7-8          | 7-8           |
| b. 9-10         | 9-10          |
| c. 11-12        | 11-12         |
| d. 13-14        | 13-14         |
| e. 15-18        | 15-18         |
2. Relay participants in District competition may qualify for the State Meet by Agency name only. Names of relay participants are not required, and relay participants may be changed, added or substituted, provided that their names appear on their Agency's Official GRPA Roster and that they did not participate in a different age division. Agencies must send in qualifying individual results and they can only be entered in the state meet in the events they swam in the qualifying meets.
3. Participants in swimming relays cannot change from preliminaries to finals unless due to illness or injury. A relay team found to contain an ineligible swimmer or swimmers shall be disqualified.
4. Youth coaches must be certified by one of the following programs: NYSCA, ACEP, GHSA, US SWIMMING, SIMPLY THE BEST, NCAA COACHES CERTIFICATION, or staff member.

### SECTION C – ENTRIES

1. All rosters and entries shall be submitted by the date specified by the State Host. The district host must complete state meet entries and submit entry sheet to be double checked by each of the teams from the district, before submitting to the state host. If submitted electronically you must also submit hard copy.
2. A district having only one team participating in swimming and diving may enter the State Meet, provided all rules and regulations concerning entry and eligibility as described in this Manual are met.
3. Individual competitors may enter a maximum of two individual swimming events, two relay events, and two diving events in which he/she has qualified for at the agency or district meet.
4. Relay teams must be composed of members from one Agency team, and not a district-wide relay team or participants from more than one Agency Team. Names of relay entries must be submitted to the state host prior to the state entry deadline with

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the understanding that they can be changed prior to their competition. Agencies are allowed two alternates per relay event and these alternates must already be on the official GRPA roster.

5. All agencies must enter swimmers as a team on Official Roster Forms. Entries must be made by Agencies and not to be entered by associations, leagues, or individual teams.
6. The Recreation Agencies will be responsible for the entries and all monies getting to and being paid to the State and to the State Host.
7. If an individual competitor swims up in an age division for relay competition, he/she may swim their individual events in their age-eligible division throughout the entire meet.
8. In all events, a maximum of three (3) entries will be accepted in any classification. Any ties at the district or agency competition must be decided before entries are sent to the state host. Four (4) or more entries will not be accepted by the state host.

### **Class “A” Agencies:**

1. Agencies with 1500 or more swimmers and divers that are registered locally to participate in GRPA competition shall be awarded three (3) entries in each swimming event and unlimited entries in each diving event at the State Meet without district competition.
2. Districts who have agencies with 1500 or more swimmers and divers within their district will be awarded three (3) entries in swimming and three (3) entries for each diving event in the state meet. All other districts will be awarded three (3) entries in each swimming event and unlimited entries in each diving event at the State Meet.
3. For agencies utilizing this provision, a certified letter from the agency director stating that there are 1500 swimmers participating in their swim program must be submitted to the district athletic chairman for approval prior to the district swim entry meeting.

### **Class “B & C” Agencies:**

1. Each district shall be awarded three (3) entries in swimming and unlimited entries in diving events at the State Meet.

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### *ARTICLE II – REGULATIONS*

#### **SECTION A – GOVERNING RULES (US SWIMMING AND DIVING)**

1. The GRPA State Swimming and Diving Meet shall be governed by this Manual. In any situation which may not be covered by this Manual, the Meet Director, in consultation with the GRPA Swimming and Diving Sub-Committee if he deems it necessary, shall have the authority to make the final decision.
2. All situations not specifically covered by this Manual concerning meet regulations, shall be handled in accordance with the current US Swimming and US Diving Rule Book.
3. **All participating agencies are required to attend one of the three statewide swim meetings to cover the rules and regulations for the state swim meet. Agencies that do not attend must pay a fine of \$200 to the GRPA office.**

#### **SECTION B – EVENTS**

1. Swimming events in each age division for boys and girls are as follows: (Length of competition in yards)

##### **(A) 7-8 and 9-10**

###### **Yards / Style**

50 / Freestyle  
100 / Medley Relay  
25 / Freestyle  
25 / Breast Stroke  
100 / Individual Medley  
25 / Back Stroke  
25 / Butterfly  
100 / Freestyle Relay

##### **(B) 11-12, 13-14, and 15-18**

###### **Yards / Style**

100 / Freestyle  
200 / Medley Relay  
50 / Freestyle  
50 / Breast Stroke  
100 / Individual Medley  
50 / Back Stroke  
50 / Butterfly  
200 / Freestyle Relay

2. “A”, “B”/ “C” Meet
  - a. Using an eight (8) lane pool, swimmers shall be seeded in preliminary heats according to US Swimming guidelines. The top eight (8) times [top six (6) times in a six lane pool] from the preliminaries shall advance to the Finals. If there are eight (8) [six (6) in a six lane pool] or less swimmers in an age group entered in a single event, that event will be swam as a timed final during the preliminary heats.

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3. Schedule of Competition (“B” – “C” State Championship will have swimming only.)

### Finals for all age groups

|          |                    |  |
|----------|--------------------|--|
| Friday   | 7:00 AM<br>Under   | Swimming Warm-ups for 7 & 8 and 10 &                                 |
|          | 9:00 AM            | Open Ceremonies and Swimming Preliminaries for 7 & 8 and 10 & Under  |
|          | 4:00 PM            | Or three hours following completion of preliminaries swimming finals |
| Saturday | 7:00 AM<br>Under   | Swimming warm-ups for 12, 14 and 18 &                                |
|          | 9:00 AM<br>& Under | Swimming preliminaries for 12, 14 and 18                             |
|          | 4:00 PM            | Or three hours following completion of preliminaries swimming finals |

## SECTION C – SPECIAL PROVISIONS

1. All rules for swimming the strokes, for starts and turns, and for relays, shall be taken directly from the current US Swimming Rule Book.
2. Swimmers less than 13 years of age cannot wear swim suits that go below the knees or extend below the shoulders.
3. Rules for Diving:
  - a. All rules for dives and conduct of events shall be in accordance with the rules as outlined in the US Diving Rules Book, except as noted otherwise herein.
  - b. Divers may qualify for one- and three-meter events.
  - c. Diving sheets are due by 6:00 PM the night prior to competition.
  - d. Diving order of events: determined by host.

**SECTION D – DIVING COMPETITION**

1. Diving Requirements shall be as follows:

- a. 7-8, 9-10 Age Group (1 and 3 Meter) – five (5) total dives
  - (i) Front Approach and Jump DD 1.0
  - (ii) Back Approach and Jump DD 1.0\*
  - (iii) 101 DD 1.7
  - (iv) Two (2) optional each from different groups DD as listed
- b. 11-12 Under Age Group (1 and 3 Meter) – five (5) total dives
  - (i-a) Front approach and jump DD 1.0
  - OR
  - (i-b) Back approach and jump DD 1.0\*
  - (ii) 101 DD 1.7
  - (iii) Three (3) optional each from different groups DD as listed
- c. 13-14 Under Age Group (1 and 3 Meter) – six (6) total dives
  - (i) Three (3) voluntary dives from different groups DD 1.7
  - (ii) Three (3) optional dives from a minimum of 2 different groups DD as listed
- d. 15-16 Under Age Group (1 and 3 Meter)
  - (i) Three (3) voluntary dives from different group DD 1.7
  - (ii) Four (4) optional dives from a minimum of 3 different groups DD as listed
- e. 17-18 & Under Age Groups (1 and 3 Meter)
  - (i) Four (4) voluntary dives from different groups DD 1.7
  - (ii) Four (4) optional dives from a minimum of 3 different groups DD as listed.

\*On three meter, the back approach will be replaced by a front line-up DD 1.0.

***ARTICLE III – FACILITY/EQUIPMENT/TIMING***

**SECTION A – FACILITIES AND EQUIPMENT**

1. The facility for the State Meet shall meet standards as set forth by US Swimming and US Diving for an 8 (eight) or 6 (six) lane pool.
2. The pool shall be equipped with acceptable pool depths, starting blocks on both ends, lane dividers, backstroke flags, and a recall rope.
3. The diving well will be a minimum of 12 feet deep. The springboard shall be 20 inches wide and 16 feet long, level, and covered (the whole length) with an adequate nonskid material. A mechanically and readily adjustable fulcrum between dives is required.
4. All other items as necessary for the successful operation of the meet, such as adequate seating, restrooms, concessions, watches, pistols, etc., shall be provided by the Host Agency for District and State Competition.

**SECTION B – TIMING**

1. Fully-automatic electronic timing with touch pads shall be required for State level swimming competition, and is highly recommended for District competition. Times shall be reported to two decimal places only (100ths of a second). Times shall be listed in hundredths only. All state records shall be reported to the hundredth of a second with no rounding off.
2. Two back-up timing systems shall be available at all times when electronic timing is being used. This could consist of (a) a manual backup built into the timing system plus one watch per lane or (b) three watches per lane. Two across-the-board finish judges shall be used at all times with either backup system.

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### ***ARTICLE IV – MEETS AND AWARDS***

#### **SECTION A – DISTRICT**

1. No additions or substitutions are allowed after entries have been submitted. Entries are final once they have been submitted to the State Host. Agencies and Districts have the sole responsibility of verifying the accuracy of each entry.
2. A copy of the district results will be forwarded to the State Host along with the State entries. Official rosters are to be signed by the tournament director from district competition. Birth certificates are not required from district competition.  
EXCEPTION: Agencies with over one-thousand five-hundred (1500) swimmers conducting their own qualifying meet must submit an official roster signed by the agency director along with birth certificates for verification. The State Host will verify the information for accuracy and sign the roster.
3. Each agency will be allowed only two (2) coaches on the deck during the state meet.
4. The name and contact information of the District Swim Meet Coordinator, each participating team's department representative, and all swim coaches who participated in the district competition, must be faxed or emailed to the state host within forty-eight (48) hours of the conclusion of the district meet.

#### **SECTION B – STATE**

1. Seeding of all preliminaries will be done in accordance with US Swimming guidelines. The finals shall be seeded (in accordance with US Swimming guidelines) with the eight (8) fastest times [six (6) fastest times in six lane pool] from the preliminaries in both the "A" and "B,C" State Meet. The diving order will be drawn by lot. Places will be awarded by time for swimming or total score for diving.
2. A scratch meet will be held prior to every swimming and diving meet. During said scratch meets, all entries can be verified and bona fide entry errors can be corrected.



***ARTICLE V – DISQUALIFICATIONS AND PROTESTS***

1. A participant may be disqualified from an event for failure to swim a stroke correctly or exhibiting unsportsmanlike conduct. Any protest or clarification of this decision must come from the participant's coach or Agency representative only. No parents shall be allowed to file a protest or approach any official while the Meet is in progress, subject to the disqualification of the swimmer for the duration of the meet. A protest shall be filed with the Meet Director, who then has the authority to take it to the State Athletic Committee, if he deems necessary, or make a ruling on the spot. All swimmers will be allowed one false start. Judgment disqualifications can not be protested (i.e., disqualifications on a stroke).
2. With one false start a warning will be given to the field and the next false start the swimmer will be disqualified.

***ARTICLE VI – OFFICIALS AND THEIR DUTIES***

**SECTION A – HOST OFFICIALS**

1. The Host Agency shall be responsible for providing all officials necessary for the proper management of the State Meet, including starter, stroke and turn judges, finish judges, timers, scorers, clerk of course, awards personnel, announcer, diving judges, and any others deemed necessary by the Host Agency.

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## SWIMMING ORDER OF EVENTS

| Friday       |                              |                   | Saturday     |                              |                   |
|--------------|------------------------------|-------------------|--------------|------------------------------|-------------------|
| <i>EVENT</i> | <i>STROKE &amp; DISTANCE</i> | <i>AGE GROUPS</i> | <i>EVENT</i> | <i>STROKE &amp; DISTANCE</i> | <i>AGE GROUPS</i> |
| 1            | 50 Free                      | 7 & 8 Girls       | 33           | 100 Free                     | 12 & Under Girls  |
| 2            | 50 Free                      | 7 & 8 Boys        | 34           | 100 Free                     | 12 & Under Boys   |
| 3            | 50 Free                      | 10 & Under Girls  | 35           | 100 Free                     | 14 & Under Girls  |
| 4            | 50 Free                      | 10 & Under Boys   | 36           | 100 Free                     | 14 & Under Boys   |
| 5            | MR                           | 7 & 8 Girls       | 37           | 100 Free                     | 18 & Under Girls  |
| 6            | MR                           | 7 & 8 Boys        | 38           | 100 Free                     | 18 & Under Boys   |
| 7            | MR                           | 10 & Under Girls  | 39           | MR                           | 12 & Under Girls  |
| 8            | MR                           | 10 & Under Boys   | 40           | MR                           | 12 & Under Boys   |
| 9            | 25 Free                      | 7 & 8 Girls       | 41           | MR                           | 14 & Under Girls  |
| 10           | 25 Free                      | 7 & 8 Boys        | 42           | MR                           | 14 & Under Boys   |
| 11           | 25 Free                      | 10 & Under Girls  | 43           | MR                           | 18 & Under Girls  |
| 12           | 25 Free                      | 10 & Under Boys   | 44           | MR                           | 18 & Under Boys   |
| 13           | 25 Breast                    | 7 & 8 Girls       | 45           | 50 Free                      | 12 & Under Girls  |
| 14           | 25 Breast                    | 7 & 8 Boys        | 46           | 50 Free                      | 12 & Under Boys   |
| 15           | 25 Breast                    | 10 & Under Girls  | 47           | 50 Free                      | 14 & Under Girls  |
| 16           | 25 Breast                    | 10 & Under Boys   | 48           | 50 Free                      | 14 & Under Boys   |
| 17           | 100 IM                       | 7 & 8 Girls       | 49           | 50 Free                      | 18 & Under Girls  |
| 18           | 100 IM                       | 7 & 8 Boys        | 50           | 50 Free                      | 18 & Under Boys   |
| 19           | 100 IM                       | 10 & Under Girls  | 51           | 50 Breast                    | 12 & Under Girls  |
| 20           | 100 IM                       | 10 & Under Boys   | 52           | 50 Breast                    | 12 & Under Boys   |
| 21           | 25 Back                      | 7 & 8 Girls       | 53           | 50 Breast                    | 14 & Under Girls  |
| 22           | 25 Back                      | 7 & 8 Boys        | 54           | 50 Breast                    | 14 & Under Boys   |
| 23           | 25 Back                      | 10 & Under Girls  | 55           | 50 Breast                    | 18 & Under Girls  |
| 24           | 25 Back                      | 10 & Under Boys   | 56           | 50 Breast                    | 18 & Under Boys   |
| 25           | 25 Fly                       | 7 & 8 Girls       | 57           | 100 IM                       | 12 & Under Girls  |
| 26           | 25 Fly                       | 7 & 8 Boys        | 58           | 100 IM                       | 12 & Under Boys   |
| 27           | 25 Fly                       | 10 & Under Girls  | 59           | 100 IM                       | 14 & Under Girls  |
| 28           | 25 Fly                       | 10 & Under Boys   | 60           | 100 IM                       | 14 & Under Boys   |
| 29           | Free Relay                   | 7 & 8 Girls       | 61           | 100 IM                       | 18 & Under Girls  |
| 30           | Free Relay                   | 7 & 8 Boys        | 62           | 100 IM                       | 18 & Under Boys   |
| 31           | Free Relay                   | 10 & Under Girls  | 63           | 50 Back                      | 12 & Under Girls  |
| 32           | Free Relay                   | 10 & Under Boys   | 64           | 50 Back                      | 12 & Under Boys   |
|              |                              |                   | 65           | 50 Back                      | 14 & Under Girls  |
|              |                              |                   | 66           | 50 Back                      | 14 & Under Boys   |
|              |                              |                   | 67           | 50 Back                      | 18 & Under Girls  |
|              |                              |                   | 68           | 50 Back                      | 18 & Under Boys   |
|              |                              |                   | 69           | 50 Fly                       | 12 & Under Girls  |
|              |                              |                   | 70           | 50 Fly                       | 12 & Under Boys   |
|              |                              |                   | 71           | 50 Fly                       | 14 & Under Girls  |
|              |                              |                   | 72           | 50 Fly                       | 14 & Under Boys   |
|              |                              |                   | 73           | 50 Fly                       | 18 & Under Girls  |
|              |                              |                   | 74           | 50 Fly                       | 18 & Under Boys   |
|              |                              |                   | 75           | Free Relay                   | 12 & Under Girls  |
|              |                              |                   | 76           | Free Relay                   | 12 & Under Boys   |
|              |                              |                   | 77           | Free Relay                   | 14 & Under Girls  |
|              |                              |                   | 78           | Free Relay                   | 14 & Under Boys   |
|              |                              |                   | 79           | Free Relay                   | 18 & Under Girls  |
|              |                              |                   | 80           | Free Relay                   | 18 & Under Boys   |